Company Employee Assistance Program (EAP)

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GETTING IN TOUCH IS EASY

For the Hartford EAP brochure click on the image.



On the phone: Just one simple call 1-800-96-HELPS (1-800-964-3577)

Online: The point is simplicity. You'll also have 24/7 access to GuidanceResources® Online (offered by ComPsych).

Visit WWW.GUIDANCERESOURCES.COM to create your own personal username and password. If you're a first-time user, you'll be asked to provide the following information on the profile page:

- 1. In the Company/Organization field, use: HLF902
- 2. Then, create your own confidential user name and password.
- 3. Finally, in the Company Name field at the bottom of personalization page, use: ABILI